

CACFP INFANT MENU

Infant Name	Age	Formula/Breastmilk

Age	Portion Size / Component	Date:	Date:	Date:	Date:
B R E	Birth - 5 Months <i>Optional Components Served</i>	Monday	Tuesday	Wednesday	Thursday
		Friday			
A K K	6 - 11 Months <i>Required when developmentally ready:</i> 0-4 Tbsp. infant cereal (2,3), meat, fish, poultry, whole egg, cooked dry beans, OR cooked dry peas; OR 0-2 oz. of cheese; OR 0-4 oz. (volume) of cottage cheese; OR 0-4 oz. or ½ cup of yogurt (4); OR a combination of the above (5); <u>AND</u> 0-2 Tbsp. vegetable or fruit or a combination of both				
L U N C H	Birth - 5 Months <i>Optional Components Served</i>				
S U P P E R	6 - 11 Months <i>Required when developmentally ready:</i> 0-4 Tbsp. infant cereal (2,3), meat, fish, poultry, whole egg, cooked dry beans, or cooked dry peas; OR 0-2 oz. of cheese; OR 0-4 oz. (volume) of cottage cheese; OR 0-4 oz. or ½ cup of yogurt (4); OR a combination of the above (5); <u>AND</u> 0-2 Tbsp. vegetable or fruit or a combination of both (5,6)				
S N A C K	Birth - 5 Months <i>Optional Components Served</i>				
	6 - 11 Months <i>Required when developmentally ready:</i> 0-1/2 slice bread (3,7); OR 0-2 crackers (3,7); OR 0-4 Tbsp. infant cereal (2,3,7) OR ready-to-eat breakfast cereal (3,5,7,8) <u>AND</u> 0-2 Tbsp. vegetable or fruit, or a combination of both (5,6)				

- (1) Breastmilk or formula, or portions of both, must be served: For some breastfed infants who regularly consume less than the minimum amount of breastmilk per feeding, a serving of less than the minimum amount of breastmilk may be offered, with additional breastmilk offered at a later time if the infant will consume more.
- (2) Infant formula and dry infant cereal must be iron-fortified.
- (3) Beginning October 1, 2019, ounce equivalents are used to determine the quantity of creditable grains.
- (4) Yogurt must contain no more than 23 grams of total sugars per 6 ounces.
- (5) A serving of this component is required when the infant is developmentally ready to accept it.
- (6) Fruit and vegetable juices must not be served.
- (7) A serving of grains must be whole grain-rich, enriched meal, or enriched flour.
- (8) Breakfast cereals must contain no more than 6 grams of sugar per dry ounce (no more than 21 grams sucrose and other sugars per 100 grams of dry cereal).

I certify that the information submitted on this form is accurate in all respects and that I understand this information is given in connection with the receipt of federal funds. Deliberate misinterpretation may result in state or federal prosecution.

Provider Signature _____

Date _____