



**Northeastern
Child Care Services**
1356 N. Washington Avenue
Scranton Pennsylvania 18509

**CACFP
INFANT MENU**

Infant Name	Age	Formula

		Date:	Date:	Date:	Date:	Date:
		Mon	Tue	Wed	Thu	Fri
Breakfast	Age					
	Birth - 3 Months	4-6 fl. oz. formula ¹ or breastmilk ^{2,3}				
	4 - 7 months	4-8 fl. oz. formula ¹ or breastmilk ^{2,3} 0-3 Tbsp. infant cereal ^{1,4}				
	8 - 11 months	6-8 fl. oz. formula ¹ or breastmilk ^{2,3} 2-4 Tbsp. infant cereal ¹ 1-4 Tbsp. fruit or vegetable or both				
Lunch/Supper	Birth - 3 months	4-6 fl. oz. formula ¹ or breastmilk ^{2,3}				
	4 - 7 months	4-8 fl. oz. formula ¹ or breastmilk ^{2,3} 0-3 Tbsp. infant cereal ^{1,4} 0-3 Tbsp. fruit or vegetable or both ⁴				
	8 - 11 months	6-8 fl. oz. formula ¹ or breastmilk ^{2,3} 2-4 Tbsp. infant cereal ¹ and/or 1-4 Tbsp. meat, poultry, egg yolk or cooked dry beans or peas, or 1/2-2oz. cheese, or 1-4 oz. (volume) cottage cheese 1-4 Tbsp. fruit or vegetable or both				
Snack	Birth - 7 months	4-6 fl. oz. formula ¹ or breastmilk ^{2,3}				
	8 - 11 months	2-4 fl. oz. formula ¹ or breastmilk ^{2,3} or fruit juice ⁵ 0-1/2 slice of bread ^{4,6} or 0-2 crackers ^{4,6}				

- 1 Infant formula and dry infant cereal must be iron-fortified.
- 2 Formula or breastmilk, or portions of both, may be served; however it is recommended that breastmilk be served in place of formula from birth through 11 months
- 3 For some breastfed infants who regularly consume less than the minimum amount of breastmilk per feeding, a serving of less than the minimum amount of breastmilk may be offered, with additional breastmilk offered if the infant is still hungry.
- 4 A serving of this component is required only when the infant is developmentally ready to accept it.
- 5 Fruit juice must be full-strength.
- 6 A serving of this component must be made from whole-grain or enriched meal or flour.

I certify that the information submitted on this form is accurate in all respects and that I understand this information is given in connection with the receipt of federal funds. Deliberate misinterpretation may result in state or federal prosecution.

Provider's Signature